

# Harbour Cove Newsletter



Staying Connected in Your Community

## Board Meeting Tidbits

This section gives highlights of the board meeting to help proactively answer any forming questions of the co-owners.

February 13, 2003 – 7-8:15pm

Connie Goodman presented the status of the painting project and will coordinate presenting options to the board on the completion of the project for a quick spring startup. Sylvia Spurlock has been monitoring activity on the property by contractors for SBC and Comcast laying lines in front of the property. Bob Johnson reported the status of the agitators protecting the docks. Bob is coordinating the monitoring, maintenance, and replacements of them. Ross Gordon presented the new proposed newsletter, a concept of a future website and a light bulb replacement summary. Some outdoor bulb replacements must be delayed due to weather.

## Next Board Meeting

**March 13, 2003 - 7:00pm**

**@ Ypsilanti Civic Center**

You are welcome to join the board for a meeting, but remember that you can only observe, unless you are on the agenda. If you would like to have an issue placed on the agenda contact Dave Wilson at Select Management prior to the meeting.

# Harbour Cove Watch

A neighborhood watch program should be active 24-Hours a day. It depends on you to call 911 whenever you see suspicious activity near your home. Since it all begins here, let's review what neighborhood watch programs consider to be suspicious activity. The "official" list, clearly not exhaustive, includes the following activities:

- A person or car lingering in the area
- A person looking into cars or homes
- A person trying to hide
- A person selling items from a car
- A car circling the area
- Screaming or someone yelling for help
- An alarm going off
- The sound of breaking glass
- Loud music-Perhaps a thief trying to cover other sounds
- Gunshots – Always report immediately
- Fire and/or smoke coming from a home

It all starts with your observations and reports. That's what enables police to respond to suspicious activity. Trust your judgment. If you feel something is wrong, it probably is.

Special thanks to Paul Poschell for providing the friendly reminders.

## Next Months

### Newsletter Preview

- New Boating Bylaws
- Kitchen Maintenance and Reminders
- Spring Cleanup Activities and Timeline
- A New Volunteer Victor

## Maintenance Reminders

In this section we discuss good ideas to help maintain your home one room at a time and outside reminders.

### Indoor

Bathrooms – Because we all grimace at the idea of cleaning our lavatories it is easy to forget basics.

1. Check your caulking around your tub
2. Inspect shower and sink plumbing
3. Check fan for buildup or obstructions
4. Now is the best time to replace batteries in alarms.

### Outdoor

With frigid temperatures freezing the lake, remember to report any damage done to the docks during the winter. The association installs bubblers to prevent ice buildup and damage, but with extremely cold temperatures Mother Nature sometimes proves supreme.

## New Manager from Select Management

Harbour Cove will have a new manager starting March 1, 2003. Dave Mazur will move into the maintenance area with Select Management Co. and David Wilson, with the assistance of Shannon Schuirmann, will become Harbour Cove's official new manager.

David Wilson is also the Vice President of Select Management and is very experienced in his field. We welcome David to Harbour Cove and look forward to a pleasant and enriching experience with him and Shannon. (CG)

## Aspiring Ansel Adams?

If you have any pictures of the community that you want to share with the newsletter or a prospective website please submit them to a board member. Thanks.

## Volunteer Victors

This section highlights the volunteers who help keep this community together. If you want to nominate a candidate contact a board member.

Special Thanks to Tom Cadmus for his continued flag contributions. His most recent report shows that the flags are slightly wearing but will make it through the winter and he will relieve them of duty with replacements in the spring. All at no cost to the community!

## Fruitful Forwards

Every once a while an email forward can prove to be helpful. Harbour Cove is not responsible for any inaccurate data. We just post interesting information that you might find useful. Sylvia Spurlock passed this one on, so if you don't like it tell her.

### Importance of Drinking Water, Are You Drinking Enough?

We all know that water is important but I've never seen it written like this before

- 75% of Americans are chronically dehydrated
- In 37% of Americans, a thirst mechanism is so weak that it is often mistaken for hunger
- One glass of water shuts down midnight hunger pangs for almost 100% of the dieters studied in a U-Washington study
- Preliminary research indicates that 8-10 glasses of water a day could significantly ease back and joint pain for up to 80% of sufferers
- Drinking 5 glasses of water daily decreases the risk of colon cancer by 45%, plus it can slash the risk of breast cancer by 79%

Are you drinking the amount of water you should be everyday?